# INSIDE





Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship Program at the American Nurses Association

Celebrating 45 years of diversifying the nation's nursing workforce and leadership!

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The SAMHSA Minority Fellowship Program at the American Nurses Association proudly announces in this newsletter a few of the MFP/ANA current and alumni Fellows academic scholarship, milestones and profiles in leadership.



# PROFILE IN LEADERSHIP

"Clinical Practice, to Education, to Policy and Implementation Research"

Tanya R. Sorrell PhD, PMHNP-BC

I am a Psychiatric Nurse Practitioner and Nursing Professor teaching our next generation of mental health nurses. My medical mission work in college to Uruguay, Australia, Thailand, and other developing countries showed me that throughout the world, health inequities, and particularly mental health inequities, disproportionately affected rural and minority groups and that my desire and language skills in French and Spanish could be used in a positive way through research to address this need. As a Psychiatric NP for over 15 years, my training and extensive experience in rural health and cultural care in psychiatric services, integrated care for physical /mental health, and substance use has been beneficial in preparing me for my academic career at the University of Colorado.



# IN LEADERSHIP PROFILE



During my years at the College of Nursing, I have been able to extend my knowledge of the teaching, clinical practice, and service work needed in developing an academic career, and now develop knowledge in mental health policy. My start in mental health policy was attending a SAMHSA Minority Fellowship Capital Day for Nurses on the same day as the Baseball shooting incident in 2017.

I recognized that my knowledge of trauma and coping would be helpful, and I started discussions with the legislators about their experience and to provide copings skills and support before

discussing the need for mental health policy advocacy, which allowed me to interact with several congressmen on a personal level.

From a state level, serving on the Colorado Consortium for the Prevention of Prescription Drug Abuse allows ongoing decision making in upcoming methods of mental health policy and treatment of substance use issues in Colorado. This has grown based on my lead faculty work in the Pilot Medication Assisted Treatment (MAT) program, a 2-year, \$1 million-dollar state funded program to provide services to Pueblo and Routt counties. During this time, we've trained 10 MAT providers and served approximately 1000 clients in those two counties. Based on our initial success, and my presentation to the State legislature in October 2018, a similar \$5 million-dollar program/2 year with the San Luis Valley and two other counties was approved to start on July 1, 2019.

At a local policy level, I work with the Denver County, CO Opiate Task Force as Co-Chair of the Treatment on Demand Group, tasked to develop 24/7 services for Substance use Treatment in the Denver metropolitan. In 2019, we hope to increase access to MAT services, and additional treatment opportunities for the current Substance Use Crisis in Colorado. I've presented our initial work on MAT at the International Nurses Society Addictions, and the American Society of Addiction Medicine, and recently published our work on Integrated Pain Management and Opioid Use assessment in the Journal of the American Association of Nurse Practitioners.

Given my recent work, I was chosen to participate in the Colorado Capitol Conference, a meeting of interested Colorado leaders with their Congressional delegates regarding policy issues in Washington, DC June 17-20. My accomplishments in clinical, scholarship, and service work at the University of Colorado- Anschutz Medical Campus resulted in my promotion to Associate Professor starting July 1, 2019. I want to continue education and experience mental health policy at all levels of government, and participation in the Colorado Capital Conference will increase my knowledge of how mental health policy can be forwarded on a local, state, and federal level so that we can continue efforts to improve mental health care for those in all parts of Colorado. (Pictured on page 1, Tanya Sorrell with US Senator Cory Gardner.)



**Yovan Gonzalez**DNP, MSN, RN, FNP-BC

Mr. Gonzalez presented his poster "Evaluation of the Online Self- Paced Program, Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Healthcare Providers" at the Research Society on Alcoholism in Minneapolis, Minnesota this month. He is presenting a poster "Substance Use Staff Training in an Integrated Practice" at the 44th Annual Conference of the National Association of Hispanic Nurses (NAHN), July 16-19, in Reno, Nevada. The conference theme is "A climate of Change: Nurses Taking Action to Achieve Health Equity" and will address issues facing the Hispanic population, their implications for nursing in the current healthcare system and the role of technology in improving care for these patients. Yovan will also partake in his first international podium presentation "Scaling Up a Healthcare Workforce to Deliver SIBRT: A Pilot Project. INEBRIA" in Lubeck, Germany this September and a poster "Application of Core Competencies for Inter-professional Collaborative Practice in an Integrated Primary Care Behavioral Health Facility" this October at the American Psychiatric Nurses Association Conference in New Orleans, Louisiana.



**Marie Smith-East** PMHNP-BC, MSN, MS, EMT

Ms. East gave a poster presentation on "Using Geographic Information Systems to Understand Mental Health Care Access" at the 2019 International Society of Psychiatric Nurses Conference in Charlotte, North Carolina. The mission of this organization is to "support advanced- practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide." The theme of this year's conference was Critical Conversations with Psychiatric Nurses: Preparing for the Next Decade. Marie is also the recipient of the 2019 American Psychiatric Nurses Association (APNA) Board of Directors Student Scholarship and will present at their upcoming conference in New Orleans on "Teen Vaping on the Rise: Contributing Factors and What Nurses Need to Know."



Griselle Estrada MSN, RN

Ms. Estrada is the recipient of the 2019 American Psychiatric Nurses Association (APNA) Board of Directors Student Scholarship. This scholarship recognizes undergraduate/pre-licensure students and graduate students whose accomplishments exemplify their dedication to psychiatric mental health nursing. Recipients receive one year of complimentary membership in APNA, complimentary registration, travel, and lodging expenses to attend the annual APNA conference which offers 4-days of networking opportunities with psychiatric mental health nurses, mentoring events and educational sessions on a variety of topics presented by content experts in the field. Griselle is a PhD student at Duquesne University.



Kalisha Bonds PhD, MSN, RN, PMHNP-BC

Dr. Bonds received the Carol A. Lindeman Award for a New Researcher from Oregon Health & Science University. In addition to this recent accomplishment, she gave the commencement speech for her graduating class and has received a post-doctorate from Oregon Health & Science University to continue her research on dementia. Additionally, her dissertation research has been accepted for oral presentation at the Alzheimer's Association International Conference (AAIC), July 14-18, 2019, in Los Angeles.



**Eugenia Millender** PhD, RN, PMHNP-BC, CDE

Dr. Millender was part of a panel presentation at the EmpoweHER Leadership Academy for Girls of the Palm Beaches 2019 Women's XX Factor Spring Conference in West Palm Beach. The mission of this organization is to "connect with women and girls; find strength of character, leadership; to influence and transform the political, business and power structure with our community." The theme of this year's conference focused on "excelling and expanding impact and influence." Dr. Millender spoke on empowerment and mental health. Dr. Millender will also be part of an interactive presentation panel on "Disrupting the Culture of Nursing: Educating Psychiatric Nurses in the Whole Health and Entrepreneurship Connections to Address Health Disparities in the 21st Century" at the American Psychiatric Nurses Association's (APNA) 33rd annual conference, October 3-5, 2019, in New Orleans, LA.



**Austin Nation**PhD, MSN, PHN, RN

Dr. Nation spoke on multiple panels at the 2019 Gay Men's Health Summit at the Delhi Center in Santa Ana, California. This summit focused on exploring topics on "Health and wellbeing that supports the needs of gay, queer, and same gender loving men in Orange County." His application to the Health and Human Development Research Support Program (RSP) at the University of California, Fullerton was recently reviewed and awarded a non-competitive grant from the Dean's Office.



Bridgette Brawner
PhD, MDiv, APRN

Dr. Brawner recently participated in the 2019 Creative Connections Writing Retreat in Tuscany, Italy. Creative Connections is a unique writing retreat for women scholars that focus on the individual as a woman, a writer, a scholar, and a member of a community. The writing retreat uses four proven techniques to enhance intellectual creativity and productivity: (1) focused writing time; (2) spending time unplugged and in nature; (3) connections via conversation and mindfulness activities that enhance focus and allows one to tap into their creative potential. Dr. Brawner reports that "manuscripts and grants flowed from the retreat as they advance the science in their respective fields." Dr. Brawner's article, Diversifying the Nation's Behavioral Health Workforce, was recently published in ANA's The American Nurse (TAN) newsletter.

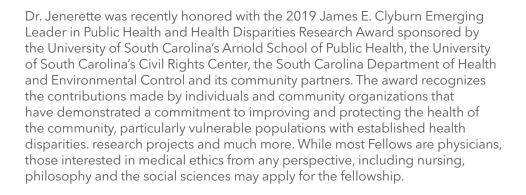


Dawn Bounds
PhD, PMHNP-BC

Dr. Bounds, an Associate Professor at Rush University, recently completed the 2018-2019 University of Chicago's MacLean Center's internationally renowned Clinical Medical Ethics fellowship program. This program is designed for clinicians and academic physicians who are interested in gaining training and experience in medical ethics. Fellows meet for a five-week intensive, structured ethics curriculum seminars, participate actively in an ethics consultation service and design and carry out research projects and much more. While most Fellows are physicians, those interested in medical ethics from any perspective, including nursing, philosophy and the social sciences may apply for the fellowship. Dr. Bounds is also a recipient of the 2019 Melanie Dreher Research Award from Rush University. This award honors the "distinguished career in research and academic leadership" of former Rush University College of Nursing Dean, Melanie Dreher.



Coretta Jenerette
PhD, RN, AOCN, CNE, FAAN
Dr. Jenerette (L) with a colleague





Audrey Strock

DNP, MSN, RN, AGPCNP-BC,
PMHNP-BC

Dr. Strock was the recipient of the 2019 DNP Project Award by The College of Nursing at the University of Colorado Anschutz Medical Campus at the 2019 College of Nursing Convocation Ceremony.



Freida H. Outlaw
PhD, RN, APRN, FAAN, MFP/
ANA Academic Consultant



(Pictured in the above photo: L/R: Dr. Freida Outlaw, Donna Barnes, Sherry Molock and Gwen Hammer.)

Dr. Outlaw recently presented at the 9th National Suicide and the Black Church Conference, June 12-13, 2019, at the University of Tennessee Health Science Center in Memphis, TN. Faith leaders, mental health and health care professionals, government officials, and community advocates from Memphis and across Tennessee came together for this 2-day conference to discuss suicide, including child and adolescent suicide, depression, trauma, bullying, domestic violence, manifestation of particularly depression in veterans, addiction, the prescription drug epidemic, the rise of depression among clergy and more.



Michelle DeCoux Hampton

PhD, RN, Associate Professor, San Jose State University Dr. Hampton presented a Podcast: "Strategies for Developing DNP Students' Writing Skills" (2019) at her university, The Valley Foundation School of Nursing at San Jose State University. In this podcast she discusses unique challenges for DNP students with regard to scholarly writing and strategies for developing students' writing skills. The podcast was published by Wolters Kluwer I Lippincott, Williams & Wilkins for the journal, Nurse Educator, volume 44, issue 1, January/February 2019. The online version is available at: journals.lw.com/nurseeducatoron.

Dr. Hampton has also conducted a study on faculty- implemented writing development strategies in a DNP program over a 5- year period. For a report on her findings, read the article: A 5-Year Evaluation of Faculty Use of Practice Within Course Writing Development Strategies in a DNP Program. <a href="http://works.bepress.com/michelle-hampton/33/">http://works.bepress.com/michelle-hampton/33/</a>



Cheryl Woods Giscombe

PhD, RN, PMHNP-BC, FAAN, is the LeVine Family Distinguished Associate Professor of Quality of Life, Health Promotion and Wellness, University of NC, Chapel Hill Dr. Giscombe participated in an online *Mindful Healthcare Summit*. The Awake and Mindful partnered to create the 5-day free online Summit. The mission was to create a community platform of healthcare professionals exploring how individual and organizational mindfulness and compassion can help address the complex and systemic issues of chronic stress, overwork, burnout, and patient safety. The Summit featured more than 25 leading neuroscience researchers, mindfulness experts, and dedicated medical professionals who are making a difference in their healthcare systems, universities and hospitals nationwide.



Kim Hutchinson

EdD, MS, MSN, BSN, PMHCNS-BC, CARN

Dr. Hutchinson will be a featured speaker on a 7-day educational Caribbean cruise themed "Nursing Updates in Mental Health Across the Lifespan," October 12-19, 2019. This educational opportunity while cruising offers 14 Contact Hours and 5 Hours of Pharmacology for Nurse Practitioners.

For more details and to register: universityatsea.com



**Shaquita Starks**PhD, APRN, PMHNP, FNP

Dr. Starks manuscript,
"Factors Associated with
Quality of Life of Family
Caregivers of Dialysis
Recipients" was recently
published in the Western
Journal of Nursing
Research.

Read the article: https://journals.sagepub.com



John Lowe PhD, RN, FAAN

Dr. Lowe Founding Executive Director of the Indigenous Nursing Research for Health Equity (INRHE), at Florida State University, will co-sponsor the 2019 International Indigenous Nursing Research Summit along with the School of Nursing and Midwifery, University of Southern Queensland, December 11-13, 2019 in Ipswich, Australia. The Summit theme is "Building Indigenous Nurse Led Research Capacity." The Summit will bring together Indigenous Nurse researchers and Academics, community partners and organizations from around the globe to discuss building global capacity for meaningful Indigenous nurse led research. The purpose of the Summit is to facilitate the development of global relationships and partnerships for the purpose of addressing health disparities and other barriers to the attainment of health equity in Indigenous peoples around the world. Save the Date, more details will be forthcoming.



Phyllis Raynor
PhD, PMHNP-BC,
CARN-AP APRN

Dr. Raynor delivered the Ann Ottney Cain Lecture in Psychiatric Mental Health lecturer series titled "Exploring Substance Use and Mental Health for Transgender Youth: Implications for Advanced Practice Nurses," March 28, 2019, at the University of Maryland, Baltimore. Her presentation explored the intersection of substance use, mental health conditions, and associated health risks for transgender youth in the United States. Dr. Raynor was supported by the SAMHSA MEP/ANA Team.

### **Letter to SAMHSA MFP/ANA Alumni**

### **Greetings Alumni:**

As we continue to celebrate the SAMHSA MFP/ANA 45th anniversary, we salute all graduates from the first 10 in 1976 to the 19 in 2018-2019. You represent more than 400 SAMHSA MFP alumni at the American Nurses Association who are diversifying the nursing workforce; providing culturally relevant and linguistically appropriate health care services, research, education, clinical practice, health policy and leadership throughout the nation; and helping to eliminate health disparities and achieve health equity in minority and underserved communities throughout the nation. Thank you for all you're doing!

However, please remember that life at the SAMHSA MFP/ANA did not end when you graduated. Therefore, we invite you to connect and re-connect and help the SAMHSA MFP at ANA Alumni Workgroup build stronger relationships among the MFP alumni across generations. You might be interested to know just what the alumni workgroup does.

Aside from the valuable ways alumni are helping to recruit record-number behavioral health applicants, sponsoring webinar trainings, serving as presenters during the in-person Intensive Training Institutes, providing mentorship to current Fellows, and hosting alumni dinners for informal socializing and networking, below is a brief list of 3 additional reasons for becoming an active MFP/ANA Alumni that can directly impact your career:

- 1. Alumni Work Group Begun by recent graduates of the Fellowship, the Alumni Work Group has evolved from a Facebook Group to a monthly call where Alumni across generations connect, share current activities, find collaborations, and more. LaKeetra Josey, PhD, APRN, PMHNP-BC is the current President. Please sign up today!
- 2. National Advisory Committee (NAC) This committee is made up of leading behavioral health scholars and practitioners at the doctoral level who not only are responsible for selection and reappointment of Fellows each year, but also help develop key programmatic strategies. The NAC are all appointed by the American Nurses Association Board of Directors through a "Call for Nominations" usually in April. MFP Alumna, Bridgette Brawner, PhD, MDiv, APRN is the current Chair. Listen to her impromptu "Call to Action" at www.emfp.org.
- 3. Other Board Opportunities The MFP/ANA is frequently asked to provide recommendations for subject matter experts, nominations to serve on local and national level policy boards and committees affecting issues of healthcare in the United States and across the Globe, Alumni to profile in peer-reviewed journals and newsletters and much more. MFP/ANA Alumni with the expertise who have demonstrated leadership and active participation in the MFP/ANA activities and/or other activities within academia, practice, health policy and community engagement are more likely to be recommended.

We also encourage alumni to visit the MFP website regularly for updates and upcoming events, www.emfp.org, and contribute to social media posts on Twitter, Facebook and Instagram by adding pictures, posting your accomplishments or when you attend a MFP, ANA or other nursing event, or sharing behavioral health research and practice knowledge, or your university news.

Finally, wherever you go in the world, remember the MFP/ANA Alumni exists to promote and celebrate your accomplishments as well as provide opportunities to further your involvement with the MFP/ANA and share

The following are links to the main MFP/ANA social media outlets:



www.facebook.com/samhsamfp



www.twitter.com/anamfp



www.instagram.com/samhsamfp

your legacy with current Fellows interested in following in your footsteps. For more information about how you can become involved in the SAMHSA MFP/ANA Workgroup, email **mfp@ana.org**.

Sincerely,

SAMHSA MFP/ANA Alumni Work Group

# Class of 2018-2019

### **Masters Graduates**

Charlisa Brown, BSN, RN, University of Colorado
Meagan Carson, BSN, RN, University of Alabama, Birmingham
Wei-chen (Sabrina) Chen, BSN, RN, University of Colorado
Gloria Cheung, BSN, RN, University of California, San Francisco
Teresa Denson, RN, BSN, Walden University
Rosa Cruz Kauffman, BSN, RN, University of Colorado, Denver
Janielle Lee, BSN, RN, PHN, University of California, San Francisco
Eunice Modilim, BSN, RN, University of North Carolina, Chapel Hill
Shakila Moore, BSN, RN, University of Alabama, Birmingham
James Porter BSN, RN, University of Alabama, Birmingham
Nicole Humphrey, BSN, RN, University of Colorado
Lynn Owusu, BSN, RN, Maryville University, St. Louis
Clarence Johnson, BSN, RN, Walden University
Antonia Hernandez, M.Ed., RN, University of Illinois, Chicago
Ashley Waring, BSN, RN, CPN, University of Pennsylvania

### **Doctoral Graduates**

Kalisha Bonds, PhD, MSN, RN, PMHNP-BC, Oregon Health & Science University Yovan Gonzalez, DNP, OMSN, RN, FNP-BC, Johns Hopkins University Daisy Lara, DNP, MSN, RN, CRNP, PMHNP-BC, FNP-BC, Wilmington University Audrey Strock, DNP, MSN, RN, AGPCNP-BC, PMHNP-BC, University of Colorado, Anchutz Medical Campus

# 2019 Intensive Training Institute Photo Highlights





ANA President Dr. Ernest Grant joins MFP Fellows, Alumni, program staff, INRHE and FSU faculty and others to kick -off a year-long celebration of 45 years of MFP excellence in scholarship and leadership.













Substance Abuse Mental Health Services Administration (SAMHSA) Minority Fellowship Program (MFP) American Nurses Association (ANA)

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## DOCTORAL

The SAMHSA Minority Fellowship Program at the American Nurses Association provides opportunity for minority psychiatric nurses to attain masters and doctoral degrees in mental health and substance use disorders to provide direct care, research, education, and health advocacy to minority and underserved populations across the life span.

APPLY: apply.emfp.org

Full-time behavioral health nurses pursuing a doctoral degree in Psychiatric Mental Health or Substance Abuse.

Able to demonstrate a commitment to a career in substance abuse and/ or psychiatric mental health issues affecting minority populations.

### **MASTERS**

Accepting Applications until May 30th, 2020

**Call for Applications** 

Student admitted to or currently matriculating in a full-time accredited master's degree program in behavioral health (psychiatric nursing) or substance abuse disorders prevention and treatment.